



American Society of  
Acupuncturists

ASAc.org

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- A woman with short dark hair and glasses, wearing a black blazer, stands behind a wooden podium. She is speaking to an audience whose backs are visible in the foreground. The background features a wall with a repeating geometric pattern in beige and cream colors. On the podium, there are two flower arrangements: one with purple hydrangeas and another with white flowers in a yellow vase. A small sign on the podium reads "American Society of Acupuncturists" with the website "ASAcu.org". To the right, a large projection screen displays a slide with the following content:
1. Fascia - protective vessels, nerves, and
    - It eases motion by helping to move
    - and it enables these structures to move
    - has nerves that make it sensitive
    - When your fascia is healthy, you're healthy
    - When your fascia is tight, you're tight

Posture

Motion

Type



