In recent years a number of controlled clinical evaluations have indicated that acupuncture treatment of hemiplegia due to cerebral infarction gave better results than conventional medication and physiotherapy (1-4). In addition, acupuncture treatment has been proven effective to the treatment of aphasia (5-7), depression (8), insomnia (9), and fatigue (10) in post stroke patients.


In the recent clinical trials, it has been proven that rehabilitation therapy combined with acupuncture can lessen pain, reduce swelling around the knee, hip joints, and other local operating area. It can also improve range of motion during the rehabilitation process for knee & hip replacements and other orthopedic surgery patients. It also enhances the endurance capacity and motivation to carry out rehabilitation training (1 & 2). A systematic review and meta-analysis of randomized trials for the efficacy of nonsurgical interventions for anterior knee pain and hip pain suggests that acupuncture should be considered as one of required assistant therapies for post orthopedic operative care (3).